

SUPERWOMEN ON THE MARCH

March is the month we celebrate women, from International Women's Day to Mother's Day. At The Essentials, we're honouring all the incredible superhero women out there. Strong. Supportive. Resilient. Amazing.

SUPER HERO

Back, Neck & Shoulder Massage
KD Express Facial
De-stress Scalp Massage
Self- Heating Eye Mask

£76 55 mins

HANDS UP!

Deluxe Hand & Arm treatment inc:
Salt Scrub Exfoliation
Nourishing Heated Hand Mask
Cuticle Tidy & Nail Shape
Hand & Arm Massage

£35
30 mins

Call the salon or book online
0121 749 7000 the-essentials.co.uk

Valid throughout March 2026, subject to availability. Booking deposit will be required